

Parent Info Night - New Teen Program Friendships, Relationships & Sexuality for Teens with Diverse Abilities

Dear CLV Families

Community Living Victoria is excited to be presenting a new program for youth around the topics of friendships, relationships and sexuality.

The teen years can be challenging to say the least. Many words spring to mind such as complicated, confusing and awkward! When you add in the challenges of a disability these years can be even harder to navigate for both parents and the teen. This is a subject that comes up very often in discussions with families.

With that in mind CLV has been working with Mary Harber, who developed sexual health resources at the Education Resource Centre at Sunny Hill Health Centre, to develop a program for teens that will help them better understand things like friendships, relationships, private and public behaviour, decision making and so on.

If you have a youth between the ages of 15 and 18 you are invited to a parent information session to learn about this program to see if it might be a good fit for your teen. At the info night you can expect to get an overview of the curriculum, meet the people who will deliver the program and also give valuable insight into what you would like to be included in the content of the program.

For the pilot program CLV is inviting teens between the ages of 15 to 18 to participate who would be able to attend without a support worker. There will be a staff ratio of 3 staff for 10 to 12 youth. However, CLV does not want to discourage you from attending the information night if this does not describe your teen's abilities. In future sessions of the program they will be adapting the curriculum to be able to include individuals with a variety of abilities and required levels of support. In this initial information night they want to connect with families who feel this could be a good fit for their teen now and they want to connect with families who have teens who would require more support to attend so that they can brainstorm how future sessions of the program will look in order to include those teens as well.

So please bring your questions and your suggestions and they will bring everything you need to know about the program to help you determine if your teen would like to participate!

Date: Monday February 3rd

Time: 6:30pm

Location: Community Living Victoria, 3861 Cedar Hill Cross Rd.

Please RSVP to Lori Frank (lfrank@clvic.ca) in family support at Community Living Victoria.